

JEN

INTERNATIONAL BOARD-CERTIFIED LACTATION CONSULTANT

ABOUT ME

I have breastfed three children and have over four years of personal breastfeeding experience! I have been helping moms for over 6 years at the Shiawassee County Health Department and look forward to helping and supporting you through your breastfeeding journey!

SERVICES I CAN PROVIDE INCLUDE

- Developing, implementing ,and evaluating individualized feeding plans and share with your other health care team members.
- Conducting a comprehensive feeding and latch assessment, including assessing effective transfer and intake of breastmilk.
- Evidence-based guidance regarding use of medications while breastfeeding.
- Assessing breast and baby's oral anatomy and reflexes.
- Evidence-based practice information to health care team and family.

