

TEEN Health DAY

events

3:00	Registration Opens
3:30 - 3:50	Cardio Drumming
4:00 - 4:20	Yoga
4:30 - 4:45	Pizza & Raffle Drawings
4:45 - 5:15	Health Trivia
5:20 - 5:40	Tai Chi
5:45 - 6:00	Event Wrap - Up

Additional activities and local resource vendors will available throughout the event!

register for event

Pre-registration = 2x for prizes!

Youth Committee

