

BREASTFEEDING SUPPORT SERVICES

Baby-wearing Assistance: *Baby-wearing has shown to increase duration rates of breastfeeding. Clients can bring their own carrier and get help with how to correctly use it. Baby-wearing safety and positioning will also be covered.*

1 on 1: *All of our team members are available for 1 on 1 education, questions, special circumstances and support meetings with clients.*

Weight Checks: *You may visit the office at anytime to have your baby weighed. We are also happy to do a weighted feeding.*

Local Hospital and Home Visits: *We visit Memorial Healthcare in Owosso Monday-Friday to meet new moms upon discharge and are able to do home visits upon request.*

Breast Pumps: *We can help guide you in obtaining an insurance pump and how to choose the correct size flanges to help maximize the benefits of your pump.*

Worksite Lactation Support: *We can help educate employers on the breastfeeding laws that allow you to have breaktime to pump and help with ideas on how to create a private lactation area if one is not available.*



SHIAWASSEE COUNTY
HEALTH DEPARTMENT
Promoting Wellness. Protecting Health.

