

Stressed or Overwhelmed about COVID-19?



EXPERIENCING OR IN NEED OF SUPPORT FOR:

- Feelings of isolation and loneliness
- Panic or anxiety over the possibility of getting sick, financial struggles, or lack of resources
- Are sick at home, or caring for a sick family member and dealing with fear, anxiety, depression
- Support for first responders, essential employees, medical professionals on the front lines of the Coronavirus situation experiencing burnout, anxiety, depression and feeling overwhelmed
- Anyone who could use someone to talk to during this difficult time

Available 24/7
(989)723-6791



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Health & Wellness